

# Health Inquiry Sheet

Please fill out this sheet completely. This sheet will be used for your child's health and safety at school during needed medical check-ups. The data on this sheet is confidential, but in case of an emergency, we may provide information to rescue crews (i.e. Fire officers).

Grade: ____ Class: ____ No: ____ ( M • F )		Present address	
Child's name		Guardian's name	
Date of birth	Year/Month/Day	Phone number	

## Emergency Contact Person

1 <sup>st</sup> contact person	Name		Relationship	Mobile phone: Workplace ( ) TEL:
2 <sup>nd</sup> contact person	Name		Relationship	Mobile phone: Workplace ( ) TEL:
3 <sup>rd</sup> contact person	Name		Relationship	Mobile phone: Workplace ( ) TEL:

## Members of the Family

Name	Relationship	Name	Relationship	Name	Relationship

## Allergic Reactions ( Yes • No )

Name of Medicine /Food	Allergic reaction (Circle all that apply)	How to treat (Circle if any)
	1. Inflamed skin      2. Itchy throat 3. Difficulty in breathing      4. Feel sick 5. Others ( )	1. Observe and take needed action 2. Take to the hospital 3. Treatment ( )

★At home how does your child deal with the allergic causing food?

- ① Can eat small amounts of allergic food      ② Remove allergic causing food before eating  
③ Do not use allergic causing food

Has your child ever had an anaphylactic shock? Yes • No

※If yes • • • (since      years old) Cause ( )

※EpiPen prescription Yes • No Family doctor ( )

## Present Health Condition (Normal body temperature:      °C)

Prone to headache	Yes • No	Have allergic conjunctivitis	Yes • No
Prone to stomachache	Yes • No	Have allergic rhinitis	Yes • No
Hearing difficulty	Yes • No	Have atopic dermatitis	Yes • No
Others	Symptom:		

## Present Physical Condition (Check your child and circle all that apply)

① A difference in the height of shoulders when standing or level of shoulders blades when bending.
② A pain when the waist is stretched on bent.
③ A pain in knees or/and elbows when bending or stretching.
④ Cannot raise both arms above the head and touch the ears with the arms.
⑤ Cannot stand on one leg more than 5 seconds.
⑥ Cannot squat.

**Present Medical Treatment Yes • No (Name of disease; )**

If your child received any treatment or check-ups at the hospital, please describe it.

Disease name	Diagnosis age	Present condition	Movement restrictions
Asthma	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Epilepsy	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Heart disease ( )	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Kidney disease ( )	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Otitis media	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Kawasaki disease	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )
Others ( )	Age	• Cured • Undergoing treatment Medicine : Yes • No • Follow up • Regularly go to hospital every ( ) months	Yes • No ( )

**Special Care at School**

Disease name	Family doctor ( )	Diagnosis age ( ) years old
Special care at school: Symptoms and how to treat during an attack. (Exercise limitation, Diet restriction, Medication, Others)		

**Record of Childhood Illnesses, Infections, Vaccinations, and Others (Circle all that apply)**

Infection disease	Condition	Infection disease	Condition	Injury, Accidents, Surgery
Measles	Infected Yes • No	Chicken pox	Age ( ) Immunized: Yes • No	Injury • Accident • Surgery Age ( ) Part of body injured ( )
Rubella	Infected Yes • No			
Immunize Vaccination	MR: Yes (1 • 2 times) • No Measles: Yes (1 • 2 times) No			
	Rubella: Yes (1 • 2 times) No	Mumps	Age ( ) Immunized: Yes • No	Present influence ( )

**Tuberculosis (Please circle your answer)**

Has your child suffered from Tuberculosis (T.B.) disease in the past two years?	Yes • No
Has your child taken preventive medicine for being infected with T.B. in the past two years?	Yes • No
Had anyone in your family been infected with T.B.?	Yes (year month ) • No
Has your child lived in any foreign country more than six months in total in the past three years?	Yes • No (Country: )
If yes: Did your child receive a detailed examination after coming to Japan? *Need an examination if been in infectious country	Yes • No
Has your child had symptoms of coughing and phlegm in the past two weeks?	Yes • No
If yes: Has your child received treatment or medical examination?	Yes • No
Has your child ever been diagnosed with asthma or bronchial asthma?	Yes • No
BCG (Tuberculosis prevention) Immunized	Yes No Reason:

